

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Adoption Is For Always	Celia is frustrated and upset when she realizes for the first time what being adopted means. As she gradually discovers the bits and pieces of her story, she begins to understand not only why her birthmother gave her up, but also that her adoptive parents will be	Girard, Linda Walvoord	Adoption	Children
Danny, The Angry Lion	and angrily pushed his plate away. A wild and dangerous gleam shone in his eyes. Danny donned his lion suit, sharpened his claws, and set out on the prowl for food. A series of surprising encounters takes the edge off Danny's appetite - and his anger - as Danny discovers	Lachner, Dorothea	Anger	Children
Everything I Do You Blame on Me!	In the first part of this double book children follow the progress of a little boy named Eddie and learn some of the most effective techniques available to help children control and transform their anger. In the second book, children practice their own decision-	Aborn, Allyson	Anger	Children
How I Learned To Control My Temper	This is a storybook and a workbook in one. The first half is a story about Michael, who flies at the slightest provocation. Michael learns	Pincus, Debbie	Anger	Children
I Was So Mad!	a variety of different ways to control his anger. In the second half text and pictures relate situations that sometimes result in such reactions as frustration, anxiety, humiliation, and loss of control. It describes children's inner and outer struggles as they try to control themselves and others. This book speaks to the adult as well as the child when it asks the adult to understand children's rights and feelings. It then becomes possible to discuss why "I was so mad!"	Simon, Norma	Anger	Children
Mad Family Gets Their Mads Out, The	An excellent way to explore how anger happens, how it feels, and how it can come out in negative ways. This book includes several charts on releasing anger, rules for getting the mads out, things to do later if the mads are still there, and more.	Namka, Lynne	Anger	Children
Mean Soup	It has been a bad day for Horace. A very bad day. He comes home feeling mean. But guess who knows what to do? His mother, of course. I teach a grand lesson about getting out anger - instead of locking it inside.	Everitt, Betsy	Anger	Children
Penguin Who Lost Her Cool, The	Penelope Penguin is a good student, a great diver, and a terrific friend. She just gets angry sometimes. Actually, she blows her cool frequently, several times a day. Penelope must learn to control her anger. With the help of her friends and a new, anger-control behavior, she just might do it.	Sobel, Marla	Anger	Children
Sometimes I like To Fight, But I Don't Do It Much Anymore	This book is designed to be read by children, who have problems controlling their anger, to help them see that there are ways that they can learn to understand their anger and redirect their need to fight about everything with everybody.	Shapiro, Lawrence	Anger	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Tiger and the Temper Tantrum	"Grrr..." Tiger says "NO!" to everything. A terrible tantrum ensues - in the middle of the store! When Mother Tiger puts her paw down, the tables are turned. Children will laugh at Tiger's shenanigans, and	French, Vivian	Anger	Children
Tristan's Temper Tantrum	Tristan, a volcano, loses his temper often, and when least expected. And especially when nobody wants to play with him. Tristan learns that when he alienates his friends, it can make him a very lonely volcano.	Formby, Caroline	Anger	Children
Volcano In My Tummy, A.: Helping Children to Handle Anger	their anger so that they can live successfully, healthily, happily and nonviolently, with motivation without fear and with good relationships. An accessible resource book for teachers, parents and all who care for children, it is full of stories and easy to use games	Whitehouse, Elaine & Pudney, Warwick	Anger	Parent
When I feel Angry (2 copies)	A little rabbit describes what makes her angry - as well as the different ways she can control her anger. The author makes it clear that even though we all feel angry sometimes, we can prevent acting in angry ways that hurt others.	Spelman, Cornelia	Anger	Children
When Kids are Mad, Not Bad	Written by a psychiatrist, who has treated children and adults for more than twenty years, this guide offers numerous examples and practical, sensible advice. It talks about what makes children angry, what they do to express their emotions - and what adults can do to help.	Paul, Henry	Anger	Parent
When Sophie Gets Angry, Really, Really Angry (2 copies)	When Sophie gets angry...she runs...and then she cries...she even climbs a tree...and then she starts feeling better, and goes back home. A great way to introduce a discussion of anger to children and	Bang, Molly	Anger	Children
Franklin Says Sorry	Franklin and Bear have been best friends forever. But, when Franklin lets a secret out of the bag, Bear gets upset. How will they mend the tear in their friendship?	Bourgeois, Paulette	Apologizing / Forgiveness	Children
I Did It, I'm Sorry (2 copies)	In this hilarious quiz book, Ollie Octopus, Bucky Beaver, Howie Hogg, and other animal characters encounter moral dilemmas involving such virtues as honesty, thoughtfulness, and trustworthiness. Students are invited to select the appropriate behavior from a series of choices.	Buehner, Caralyn	Apologizing / Forgiveness	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Roses Are Pink, Your Feet Really Stink	Gilbert has 15 blank Valentine cards just waiting for him to fill with nice Valentine poems for his classmates. But how can he write a nice poem for the boy who tweaked his nose, or the girl who made fun of his glasses? Gilbert's poison pen causes a classroom controversy as	Degroat, Diane	Apologizing / Forgiveness	Children
All Kinds: Who Cares About Race and Colour?	Whether we are rich or poor, black, brown, yellow or white, young or old, whatever our handicap... we all belong together.	Adams, Pam	Appreciating Differences / Special Needs	Children
Attention Please! A Comprehensive Guide for Successfully Parenting Children with Attention Disorders and Hyperactivity	This first complete parent handbook for recognizing, systematically identifying, understanding, and managing attention disorders in children and adolescents. Treatment options are described in detail to assist the reader in making choices. This guide enables parents to knowledgeably orchestrate the group of professionals and educators who impact their children's lives. Written by professionals and	Copeland & Love	Appreciating Differences / Special Needs	Parent
Biggest Nose, The	Eleanor the elephant is self-conscious about her large nose after a classmate teases her. She overcomes her sensitivity when she realizes that all of her classmates are different and that she is special because of her unique nose.	Caple, Kathy	Appreciating Differences / Special Needs	Children
Don't Give Up Kid, The	This revised edition about Alex, a child with learning disabilities, has been updated with completely new illustrations and reflects the use of the latest tactile techniques used in schools. In this story, Alex is inventing a cookie snatcher, but his lack of reading skills and impatience means that he needs extra help. There are new discussion	Gehret, Jeanne	Appreciating Differences / Special Needs	Children
Dr. Larry Silver's Advice to Parents on ADHD	With this fully revised second edition of the classic guide, Dr. Larry Silver addresses the subjects all parents wonder about when they	Silver, Larry	Appreciating Differences / Special Needs	Parent
Everyone is Special & Unique (2 copies)	In this rhyming picture book, children learn about accepting others who may be different than yourself.	Burch, Regina	Appreciating Differences / Special Needs	Children
Fly Away Home	A little boy and his father describe their homelessness and how they live in an airport. They find hope for leaving the airport in a bird that they see trapped and eventually finding freedom and a way out.	Bunting, Eve	Appreciating Differences / Special Needs	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Handsigns	This clever book is both a simple alphabet book for young children and an introduction to American Sign Language for readers of all ages. The easy-to-follow format presents twenty-six stunning illustrations, each revealing not one, but sometimes two or three	Fain, Kathleen	Appreciating Differences / Special Needs	Children
I Like Being Me	In <i>I Like Being Me</i> , 26 rhyming poems invite children to believe in themselves, learn from mistakes, cooperate, share, help others, tell the truth, make positive choices, and more. Each poem is paired with <i>Little Tree</i> , provides a place to which both parent and child can turn	Lalli, Judy	Appreciating Differences / Special Needs	Children
Little Tree, A story for children with serious medical problems	for help when experiencing the physical and emotional toll of a serious medical problem. Sensitively written and charmingly illustrated, <i>Little Tree</i> brings to life a healing metaphor so powerful	Mills, Joyce	Appreciating Differences / Special Needs	Children
Mama Zooms	Mama's got a zooming machine... and she zooms me everywhere. So begins this touching book about a young child and his mother who uses a wheelchair. Children will enjoy the vivid illustrations that show that Mama can do just about everything other moms do, plus a few more things!	Cowen-Fletcher, Jane	Appreciating Differences / Special Needs	Children
Owen	Owen's parents try to get him to give up his favorite blanket before he starts school, but when their efforts fail, they come up with a solution that makes everyone happy.	Henkes, Kevin	Appreciating Differences / Special Needs	Children
Taking A.D.D. to School	In this story we meet Ben, who has A.D.D. He tells us how it is hard for him to sit still and learn. This book helps other kids to understand how it is harder for some people to sit still.	Weiner, Ellen	Appreciating Differences / Special Needs	Children
Taking Arthritis to School	This book introduces arthritis to children. It discusses how people with arthritis feel and he is a normal kid like everyone else.	Miller, Dee Dee	Appreciating Differences / Special Needs	Children
Taking Asthma to School	In this story we meet Justin, who has asthma. He talks about how it is hard for him to do some things because of his breathing, but other things he can do like other children.	Gosselin, Kim	Appreciating Differences / Special Needs	Children
Taking Cancer to School	In this story we meet Max, who has cancer. He tells us what his disease is and how his medicine makes him feel. This story can help kids better understand cancer in parents or children.	Henry, Cynthia & Gosselin, Kim	Appreciating Differences / Special Needs	Children
Taking Cerebral Palsy to School	In this story we meet Chad, who has CP. He tells us about his condition, and explains why he does certain things.	Anderson, Mary Elizabeth	Appreciating Differences / Special Needs	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Taking Cystic Fibrosis to School	This book introduces Jessie to children. Jessie has CF and she talks about how it effects her life.	Henry, Cynthia	Appreciating Differences / Special Needs	Children
Taking Depression to School	In this story we meet Emily, who has childhood depression. She tells us how she looks like everyone else but inside she feels different about things.	Khalsa, Kathy	Appreciating Differences / Special Needs	Children
Taking Diabetes to School	In this story we meet Jayson, who has diabetes. He tells about his disease and how he is extra careful with what he eats.	Gosselin, Kim	Appreciating Differences / Special Needs	Children
Taking Down Syndrome to School	This is a great book that introduces DS to children. Children of all age levels will enjoy meeting Nick and hearing his story.	Glatzer, Jenna	Appreciating Differences / Special Needs	Children
Taking Food Allergies to School	In this story we meet Jeffrey, who is allergic to many foods. He tells us about the different foods he is allergic to and how they make him sick.	Weiner, Ellen	Appreciating Differences / Special Needs	Children
Taking Tourette Syndrome to School	In this story we meet Megan, who has Tourette syndrome. She explains why she has tics, and why she sometimes blurts out things in class.	Krueger, Tira	Appreciating Differences / Special Needs	Children
Waiting for Mr. Goose	A young boy who finds waiting very hard encounters a situation where he must learn patience. Nice for all children and for those with ADHD.	Lears, Laurie	Appreciating Differences / Special Needs	Children
Whoever You Are	A joyful celebration of the world's diverse cultures, both our similarities and differences. With innovative, colorful, folk art-style oil paintings of children from all corners of the globe, bordered with photographs of hand-carved, bejeweled frames, all reflect the message that no matter where we come from, within our hearts <i>"Toys are the same / and love is the same / Pain is the same / and</i> You're in the checkout line at the store and your child starts tugging	Fox, Mem	Appreciating Differences / Special Needs	Children
Why Does The Man Have Such a Big Nose?	on you saying, "Mommy, why does that man have such a big nose?" Your child points a curious finger at the man in front of you and you <i>feel your face turn the same color as the tomatoes in your grocery</i> <i>Andy and His Yellow Frisbee</i> introduce young readers to autism, a	Quinsey, Mary Beth	Appreciating Differences / Special Needs	Children
Andy and His Yellow Frisbee	disability that is particularly perplexing to those who have little exposure to it. Recommended for elementary school-aged children,	Thompson, Mary	Autism	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Taking Autism to School	In this story we meet Sam, who has autism. His friend Angel helps to discuss how Sam behaves, and learns.	Edwards, Andreanna	Autism	Children
Getting To Know Me		Kaye, Arlene Dworking	Autism	Parent
Berenstain Bears and The Bully, The (2 copies)	When Sister Bear comes home from school in tears, the entire Bear family is up in arms. She's been beat up by Tuffy, the new cub in town. Brother huffs off to set this bully straight, but he's in for a big surprise: Tuffy's a little girl.	Berenstain, Stan & Jan	Bullying	Children
Facing the Schoolyard Bully	Expanding on her own and others' memories of schoolyard bullying, Kim Zarzour thoroughly examines the dynamics of bullying. In a friendly, parent-to-parent style she offers helpful suggestions on how to recognize bullying, stop the cycle of bullying, prevent your child from becoming either a bully or a victim and how to teach a	Zarzour, Kim	Bullying	Parent
Stick and Stone	A warm, rhyming text about making a friend, includes a subtle anti-bullying message even the youngest reader will understand.	Ferry, Beth	Bullying	Children
What to Do...When Kids are Mean to Your Child at School	Here is solid advice on dealing with teasing, name-calling, and other trials of growing up. From sandbox spats to third-grade bullying, kids of all ages suffers hurts and humiliations that leave parents at a loss about what to do.	McCoy, Elin	Bullying	Parent
Can I Help?	A young, fluffy dog helps his dad with various outdoor chores, ending with a cuddly nap in a hammock. A rhymed book that incorporates humor, wit, and gentle interaction between a father/son duo.	Janovitz, Marilyn	Conflict / Problem Solving	Children
Franklin is Bossy	Franklin can't seem to get along with his friends. He always wants to make decisions about what, and how, they do things. When they refuse to play with him, Franklin learns that having friends often means being able to cooperate and compromise.	Bourgeois, Paulette	Conflict / Problem Solving	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Glasses who needs 'em?	In 29 fuzzy and 10 clear pictures, the author brings into focus the glasses experience. "Lots of folks wear glasses and love 'em" the	Smith, Lane	Conflict / Problem Solving	Children
Hands Are Not For Hitting	Simple words and warm, inviting illustrations reinforce two main themes: Violence is never okay, and every child is capable of positive, loving actions. This book gives children a chance to learn, and also practice some fun and constructive things their hands can do. They	Fain, Kathleen	Conflict / Problem Solving	Children
Laney's Lost Momma	When Laney can't find her mother in the department store, she - and her lost momma - remember exactly what to do to find each other.	Hamm, Diane Johnston	Conflict / Problem Solving	Children
Make Someone Smile	A book full of understandable ideas for being a pleasant person. Simple words complement the black-and-white photographs to make this a perfect read-aloud book, a wonderful discussion-starter, and a rich source of ideas.	Lalli, Judy	Conflict / Problem Solving	Children
Tusk, Tusk	Two bands of elephants, one black and one white, "loved all creatures, but they hated each other." Each group keeps to its own side of the jungle, until a battle breaks out between them, and the peace-loving elephants from both sides take cover in the jungle. After the battle, no elephants are seen for many years. One day the	McKee, David	Conflict / Problem Solving	Children
Willy's Noisy Sister	When Willy gets home from school, he needs some time to play by himself. But his little sister wants him to play with her...right now! How can Willy get a few minutes of quiet and still satisfy her?	Crary, Elizabeth	Conflict / Problem Solving	Children
At Daddy's on Saturdays	Katie's daddy moves out of the house when he and her mommy get divorced. Katie is angry, sad, and most of all, afraid her daddy will never come back. But on Saturday's he's there. And Katie comes to understand that even though her parents can't live together	Girard, Linda Walvoord	Divorce / Single Parenting	Children
Blending Families	This insightful problem-solving guide covers a wide range of issues - emotional, financial, disciplinary, and interpersonal. Naturally, there is no "one-size-fits-all" solution for second-marriage families. Each is unique, with its own composition, personalities, and problems. But with patience and some understanding, this new family can work. live	Shimberg, Elaine	Divorce / Single Parenting	Parent
Changes, My Family and Me	A child describes the changes that divorce and remarriage bring to the make-up of a family. First, the divorce happens, and then a stepfather and a stepbrother come into the picture, a stepmother, then a stepsister. And, finally, thoughts of the future when the child gets married and eventually has a child of his own.	Hopkins, Beverly	Divorce / Single Parenting	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Dear Daddy	Jesse misses his father who lives across the country. He discovers that writing letters helps him maintain his close relationship with Daddy.	Schindel, John	Divorce / Single Parenting	Children
Do I Have a Daddy?	ERIK is teased by the other children about not having a dad. His mother explains that there are many kinds of fathers, and not all of them live with their children. You will find this book very helpful. In the 10-page, "Special Section for Single Parents," several professionals discuss such critical issues as the never married	Lindsay, Jeanne Warren	Divorce / Single Parenting	Children
Goodbye Daddy	A calming and reassuring story about divorce. Crying and upset that his father and mother no longer live together, Tom lies in bed holding his teddy bear for comfort. The toy suddenly whispers in his ear	Weninger, Brigitte	Divorce / Single Parenting	Children
Helping Your Kids Cope With Divorce the Sandcastles Way	The highly praised Sandcastles Program - mandated by family courts across the U.S. - has helped thousands of kids understand divorce and cope with the emotional fallout from it. The empathetic, reassuring advice in this guide will help kids survive - and even flourish - after the life-changing experience of divorce.	Neuman, M. Gary	Divorce / Single Parenting	Parent
Mom's House, Dad's House	Filled with examples and guidelines, taking into account recent laws, and looking anew at the psychological needs of all concerned, this definitive book offers common sense, compassionate advice.	Ricci, Isolina	Divorce / Single Parenting	Parent
My Dad Is Getting Married Again	Melissa's dad is getting married again and she is confused by a wide variety of thoughts and feelings. Should she run away or talk things out with her dad? Should she express her anger by throwing things and breaking them or should she take her frustration out on a pillow instead? Throughout the story, the reader is asked to take the place of Melissa and to choose the way she should react by turning to	Schab, Lisa	Divorce / Single Parenting	Children
Positive Discipline for Single Parents	Being a single parent can be both overwhelming and exhilarating. Ask a group of single parents what it feels like to be a single parent and you're likely to be bombarded by emotional outbursts and words like isolated, exhausted, bitter, scared, insecure, vulnerable, lonely,	Nelsen, J., Erwin, C., & Delzer	Divorce / Single Parenting	Parent

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Solo Parenting	Here is encouragement for single parents to be their best. This book cuts through the obvious and deals with the deeper issues closer to the single parent's heart. It explores financial, parental, and personal issues with a practical, positive approach. Topics include discipline, accepting your family "as is," learning new skills, budgeting, liking yourself, and encouraging your child.	Chambers, Diane	Divorce / Single Parenting	Parent
Stepfamilies	Offers answers to all the important questions of stepfamily life - filling in the gaps that undermine so many stepfamilies today and, crucially, to learn the effect of stepfamily life on children.	Bray, J. & Kelly, J.	Divorce / Single Parenting	Parent
When A Parent Marries Again	This book is designed to help children express feelings and concerns about the changes in their lives to help family members understand each other better and build bonds based on mutual respect and	Heegaard, Marge	Divorce / Single Parenting	Children
When Mom and Dad Divorce	A resource to reassure young children that divorce is not their fault; to show them how they can feel better while their care is being worked out. Tips are given for working out feelings and problems.	Menendez-Aponte, Emily	Divorce / Single Parenting	Children
Why did you have to get a Divorce? And when can I get a Hamster?	Shows parents how to steer children through the complex feelings engendered by divorce, feelings that if, not resolved, can create continuing problems for a child. The difficult issues that so	Wolf, Anthony	Divorce / Single Parenting	Parent
Abuela	While riding on a bus through Manhattan with her grandmother, a little girl imagines that they are carried up into the sky and fly over the sights of New York City, in an evocative study of the loving bond	Dorros, Arthur	Families	Children
All Families Are Different	Is there such a thing as a "normal" family? Of course, the answer to this question is "No," but children are often led to believe otherwise. While the many illustrations in this book show a variety of family	Gordon, Sol	Families	Children
Big Mama's House	The summer at Bigmama's house in Florida had begun for the young author and his family. Everything was always the same - inside and out. There was the house to check out and the farm to explore. And best of all, there were cousins and friends and family to talk to and play with through the hot endless wonderful days of summer. A	Crews, Donald	Families	Children
Chair for My Mother, A (2 copies)	The jar of coins is full. The day has come to buy the chair - the big, fat, comfortable, wonderful chair they have been saving for. The chair that will replace the one that was burned up - along with everything else -in the terrible fire. A book of love and tenderness filled with the affirmation of life.	Williams, Vera	Families	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Coat of Many Colors	Winter is coming to Tennessee and there's no money for a new coat, so a little girl's mama sews one for her out of rags. The little girl wears it to school proudly, and when the other children laugh she gives them a quick lesson about what it means to be rich. This book	Parton, Dolly	Families	Children
Daddy Makes the Best Spaghetti	Not only does Corey's father make the best spaghetti, but he also dresses up like Batman and acts like a barking dog. A touching story about a family that plays, works and loves together.	Hines, Anna Grossnickle	Families	Children
Loving	All over the world, people are holding, helping, feeding, talking, listening, teaching, and sharing. All over the world, people are expressing love - for members of their family and for their friends. Take this photographic journey with the author. You'll soon see that love, indeed, makes the world go 'round.	Morris, Ann	Families	Children
Not Yet, Yvette	The minute Mom leaves, Yvette asks, "Is it time yet, Dad?" Dad answers, "Not yet, Yvette." Then Yvette and her dad get busy because there's a lot to do before Mom comes home, like clean the	Ketteman, Helen	Families	Children
Now One Foot, Now the Other	Bobby loves to hear his grandfather tell the story of how he taught Bobby to walk. When his grandfather suffers from a stroke, Bobby teaches his grandfather how to walk.	dePaola, Tomie	Families	Children
Patchwork Quilt, The	Using scraps cut from the family's old clothing, Tanya helps her grandmother make a beautiful quilt that tells the story of her	Flournoy, Valerie	Families	Children
Stellaluna	Separated from her mother before she is old enough to fly, Stellaluna finds out that not all winged creatures eat fruit. This fruit bat's humorous adventure tells of survival and, ultimately, friendship. Knocked into a bird's nest soon after she is born, Stellaluna's world is literally turned upside down when she is cared	Cannon, Janell	Families	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Wednesday Surprise, The	Anna and Grandma are planning a surprise for Dad's birthday. Dad thinks he has received all his presents, but Grandma stands up and gives him the best one of all: she reads aloud the stories that Anna has taught her.	Bunting, Eve	Families	Children
Bear Who Lost His sleep, The	Benjamin Bear worried so much that he couldn't fall asleep when it was time to hibernate for the winter. He learns how reasoning things out can help reduce anxiety.	Lamb-Shapiro, Jessica	Fears / Worries	Children
Berenstain Bears and the Bad Dream, The	After watching a scary movie, both Brother and Sister Bear are troubled by nightmares until Mama and Papa explain what causes bad dreams.	Berenstain, Stan & Jan	Fears / Worries	Children
Franklin Goes the the Hospital	In a soccer game, Franklin gets hit in the chest and the doctor discovers his shell has cracked. At the hospital, Dr. Bear explains that she will need to insert a pin to allow the shell to grow properly. She then explains in a very gentle way what will happen during the surgery.	Bourgeois, Paulette	Fears / Worries	Children
Helping Your Anxious Child	The authors clearly describe, explain, and demonstrate how to help children build the necessary courage and self-confidence needed to face troublesome fears and worries. Their book describes the	Cobham, Rapee, Spence, & Wignall	Fears / Worries	Parent
I'll Always Come Back	This tender picture book follows a child's day at school, from drop off to pickup. You children will be reassured to know that their loved ones always come back at the end of the school day.	Metzger, Steve	Fears / Worries	Children
Just Go To Bed	When Chester the raccoon is reluctant to go to kindergarten, his mother teaches him a secret way to carry her love with him. A reassuring and helpful book for any occasion where a child will be temporarily separated from home - short or long-term.	Mayer, Mercer	Fears / Worries	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Kissing Hand, The	When Chester the raccoon is reluctant to go to kindergarten, his mother teaches him a secret way to carry her love with him. A reassuring and helpful book for any occasion where a child will be temporarily separated from home - short or long-term.	Penn, Audrey	Fears / Worries	Children
Lion Who Lost His Roar, The	One day Louie the Lion learned what fear was, and he lost his courage and his roar. He told his friend Mattie the Monkey, "Just fear of the dark is a common experience that most people grow up with."	Shoshana Nass, Marcia	Fears / Worries	Children
Night Light	Parents know that the fear usually stops, but children often don't -- they simply know that they are afraid. This delightful and inventive story helps children use their imagination to change images of fear	Dutro, Jack	Fears / Worries	Children
Scaredy Mouse	Squeak is a scared mouse, a stay-at-home mouse, until the day he goes out in search of some chocolate cake. But what if he gets lost, or comes face to face with the ginger cat? With a piece of string tied to his tail so that he can find his way home. Squeak sets out into	MacDonald, Alan	Fears / Worries	Children
Sometimes I Worry Too Much, But Now I Know How to Stop (2 copies)	A surprising number of children worry too much, often for reasons that may seem completely illogical to others. This sensitively written book helps children cope with their predisposition toward excessive worry, and will help prevent more serious anxiety disorders.	Huebner, Dawn	Fears / Worries	Children
Very Beary Tooth Fairy, The	A curious bear's loose tooth teaches him valuable lessons about bravery, tolerance, and the power of a loving family.	Levine, Arthur A.	Fears / Worries	Children
Wemberly Worried	Little Wemberly worries about everything. Will the tree in the front yard fall on our house? Will anyone come to my birthday party?	Henkes, Kevin	Fears / Worries	Children
Worrywarts, The	When Wombat, Weasel, and Woodchuck decide to wander the world, they speculate as to what terrible things they will encounter and have to worry about. What if the world, the woods, and its wicked things wrestled with their wishes for wild adventure?	Edwards, Pamela Duncan	Fears / Worries	Children
Alexander and the Terrible, Horrible, No Good, Very Bad Day	Everything is going wrong for Alexander today! He could tell right from the start that it was going to be "a terrible, horrible, no good, very bad day." Children and adults will empathize with Alexander and realize that days like these happen to everyone from time to time.	Viorst, Judith	Feelings & Emotions	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
All By Myself	In this simple, sweet, and very human picture book, Mercer Mayer's popular Little Critter shows us all the things he can do by himself, from tying his shoes (almost) to pouring his own juice (and only	Mayer, Mercer	Feelings & Emotions	Children
Berenstain Bears and Too Much Pressure, The	The Bears have too much stress in their family. They take a look at all their responsibilities, their talents, and the number of hours in a day - and decide what needs to be limited.	Berenstain, Stan & Jan	Feelings & Emotions	Children
Dare to Have Courage (3 copies)	Help put an end to bullying and violence by focusing on and teaching positive peer interaction. This motivational book allows you to teach children important character-building values.	Burch, Regina	Feelings & Emotions	Children
Dealing with Emotions: I'm Excited!	Everyone likes to feel excited. However, when children become very excited, they often have problems. Their high energy may lead them to irritate adults, hurt other children, or break things. Few parents	Crary, Elizabeth	Feelings & Emotions	Children
Dealing with Emotions: I'm Frustrated (2 copies)	This story describes a boy who is struggling to learn to skate. Young readers and their parents can help him decide how to handle his frustration.	Crary, Elizabeth	Feelings & Emotions	Children
Dealing with Emotions: I'm Furious	This story describes a boy whose favorite baseball card has been ruined. Young readers and their parents can help him decide how to cope with his anger	Crary, Elizabeth	Feelings & Emotions	Children
Dealing with Emotions: I'm Lost	Gabriela has lost her dad while visiting the zoo. She is worried that she won't find him. You get to choose what Gabriela will do to solve her problem. If you don't like what happens, you can make another choice.	Crary, Elizabeth	Feelings & Emotions	Children
Dealing with Emotions: I'm Proud	This story, especially valuable because of its emphasis on a positive emotion, describes a girl who wants her accomplishments acknowledged.	Crary, Elizabeth	Feelings & Emotions	Children
Dealing with Emotions: I'm Scared	This story describes a girl who is anxious to meet the new kids next door...but frightened by their big dog. Young readers and their parents can help her decide how to handle her fear.	Crary, Elizabeth	Feelings & Emotions	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Face Your Feelings!	This book will give you plenty of opportunities to help children understand the importance of expressing and understanding feelings.	Shapiro, Lawrence	Feelings & Emotions	Children
Feelings	Pictures, dialogues, poems, and stories portray various emotions we all feel: jealousy, sadness, fear, anger, joy, love, and others.	Aliko	Feelings & Emotions	Children
Feelings Storybook, The	The Feelings Storybook is a sensitive and heartfelt book for children of all ages, including the child within each of us. Recognizing and expressing feelings is vital for a healthy self-esteem.	Delis-Abrams, Alexandra	Feelings & Emotions	Children
Franklin's Bad Day	Franklin is feeling grumpy and sad. He snaps at his mother and father. He even gets angry with his friends. He even cries. Then, his father finally determines that Franklin is sad because a good friend, Otter, moved away. Franklin then writes him a letter.	Bourgeois, Paulette	Feelings & Emotions	Children
Glenna's Seeds	This wonderful book illustrates how one tiny random act of kindness grows and multiplies. By the end of the story, an empty street has been transformed in to a place of flowers, good neighbors, good food, and good feelings.	Edwards, Nancy	Feelings & Emotions	Children
Heartprints (2 copies)	Great illustrations and rhyming text show children how they can brighten the world with acts of kindness and caring. A wonderful book to read to any group (even adults), it concludes, "And it's joyful to know in all that we do, the heartprints we give out make us happy	Hallinan, P.K.	Feelings & Emotions	Children
How I Feel!	This book illustrates how different feelings look and what can cause these different emotions. This storybook and workbook in one help children to discuss their emotions and when they feel that way.	Boulden, Jim & Joan	Feelings & Emotions	Children
Hyena Who Lost Her Laugh, The	Hillary the Hyena felt so sad she didn't want to participate in any of the activities she always loved, like kick ball and playing the drums. Hillary was feeling hopeless, until she learned a new way of thinking about her troubles.	Lamb-Shapiro, Jessica	Feelings & Emotions	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
I Feel Sad	This book discusses how sadness is sometimes caused by a dog getting sick, or parents arguing, or not being invited to a party, or when someone spoils a picture you paint at school. And, it points out how children can make other children feel sad - by calling them	Moses, Brian	Feelings & Emotions	Children
I Feel Shy	The physical attributes of feeling shy are described... a red face, legs and tummy feeling wobbly, giggling nervously, etc. The book also discusses feeling shy in school - worrying that you might get the answer wrong, or say something silly and make everyone laugh.	Bryant-Mole, Karen	Feelings & Emotions	Children
I Hate Goodbyes!	Katie hates goodbyes with a passion. Deliberately avoiding simplistic solutions, this book shows Katie that everyone hates goodbyes, but must live with them.	Szaj, Kathleen	Feelings & Emotions	Children
It's Not Fair	When a child feels that something is not fair - frustration sets in and sometimes anger and jealousy. The author points out that grown-ups will sometimes think life isn't fair either.	Moses, Brian	Feelings & Emotions	Children
Let's Talk About Needing Attention	Helps children understand their need for attention and teaches children that they may not always be able to get the attention that they want. "Needing Attention" offers advice on how to wait patiently for attention, as well as positive ways to achieve getting that attention.	Berry, Joy	Feelings & Emotions	Children
Luna and the Big Blur, A Story For Children Who Wear Glasses	Luna figures it's bad enough having a weird name but, to make matters worse, she has to wear glasses! Or maybe she doesn't... Children will enjoy the hilarious mishaps that Luna gets into when she decides not to wear hers. They will relate to Luna's feelings of being different, while they are also reassured that it is okay to wear	Day, Shirley	Feelings & Emotions	Children
Mommy, Don't Go	Matthew's mom is going on a trip. He feels sad and scared. You can help Matthew decide how to solve his problem. If you don't like what happens, you can make a different choice.	Crary, Elizabeth	Feelings & Emotions	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Show You Understand (2 copies)	Show You Understand: Learning About Compassion and Caring	Burch, Regina	Feelings & Emotions	Children
Shy Charles	Charles, a mouse, is happy as a clam - and about as talkative as one. He positively trembles at the thought of meeting other children. This mousiest of mice then proves that silent types are sometimes the biggest heroes of all.	Wells, Rosemary	Feelings & Emotions	Children
Sometimes I Feel Like a Mouse	A child imagines becoming a variety of animals while experiencing different feelings, a howling wolf for sad, a soaring eagle for proud, a stomping elephant for bold, and others.	Modesitt, Jeanne	Feelings & Emotions	Children
Taking a Bath with the Dog	What do you do when it seems as if nothing will make you happy? For one little girl, it's a good time to take a survey, from subjects including a quick little rabbit (running around in a wheel), a balding gent (counting rings on a tree), a snazzy centipede (shoes, lots of shoes), and other sundry characters. Enlivened by his whimsical characters, Scott Menchin's amusing story shows us that just doing	Menchin, Scott	Feelings & Emotions	Children
Three Grumpies, The	Three monsters named Grumpy, Grumpier, and Grumpiest are waiting for a girl when she wakes up, and proceed to make her day miserable, from spilling her breakfast milk to dropping her homework in a puddle. Various well-meaning adults advise her on how to get rid of them, but it is the unnamed narrator who discovers the sure cure.	Wight, Tamara	Feelings & Emotions	Children
Today I Feel Silly	Silly, cranky, excited, or sad-everyone has moods that can change each day. This zany and touching verse, paired with whimsical illustrations, helps kids explore, identify, and, even have fun with their ever-changing moods.	Curtis, Jamie Lee	Feelings & Emotions	Children
Way I Feel, The	The zany characters who snuffle, soar and shriek through this book will help kids understand the concept of such emotions as joy, disappointment, boredom and anger. "The Way I Feel" will also show kids how to express their feelings with words.	Cain, Janan	Feelings & Emotions	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
What Makes Me Happy?	Happy or mad, busy or bored, children will relish the ups and downs of childhood described here. A perfect way to encourage children to talk about their emotions.	Anholt, Catherine & Laurence	Feelings & Emotions	Children
When I Get Bigger	In this funny, all-too-human picture book, Mercer Mayer's famous Little Critter dreams of the day when he will be big enough to go to first grade, dial phone numbers by himself, camp out in the backyard	Mayer, Mercer	Feelings & Emotions	Children
When They Fight	A small badger is frightened when his parents fight. The world shakes. The house quakes. And he feels lost and scared. But when his parents make up, the sun comes out. He floats on the clouds and the whole world smiles. The beautiful illustrations and the simple, powerful text explore the badger's different feelings. Your	White, Kathryn	Feelings & Emotions	Children
Be a Friend	Learning about Friendship and fairness	Burch, Regina	Friendship / Social Skills	Children
Bear Feels Sick	How Bear's good friends take care of him with herbal tea and lullabies until he begins to FEEL BETTER is the heart of this loving story that will be familiar to any little one who has ever had the sniffles.	Wilson, Karma	Friendship / Social Skills	Children
Bear's Loose Tooth	Bear's friends ease his concerns about his wiggly, wobbly tooth and help him understand losing a baby tooth is perfectly natural. This funny and reassuring story will delight anyone who's ever had a loose tooth.	Wilson, Karma	Friendship / Social Skills	Children
Berenstain Bears and the Blame Game, The	Who's to blame? That's what everyone always wants to know. But the kernal of wisdom at the heart of this latest First Time Book is who really cares? Because -- let's face it -- there's always enough blame to go around. What matters is how we work together to fix the	Berenstain, Stan & Jan	Friendship / Social Skills	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Berenstain Bears and the Trouble with Friends, The	The new cub in the neighborhood, Lizzy Bruin, is the same age as Sister Bear--and she's also just as bossy. After a fight threatens their budding friendship, both cubs learn that you can't always have your own way if you want to have friends.	Berenstain, Stan & Jan	Friendship / Social Skills	Children
Berenstain Bears No Girls Allowed, The	Sister Bear can run faster, climb higher, and hit a ball farther than the boys, and she gloats over it. So Brother Bear and his friends build a clubhouse for boys only, and Sister is hopping mad! She plans a honey of a revenge in this funny and thoughtful book.	Berenstain, Stan & Jan	Friendship / Social Skills	Children
Blabber Mouse (2 copies)	What do you do when you have a friend you like a whole lot who just cant keep his big mouth shut-and sometimes even tell other people's secrets? You don't want to be mean, but you have to do something. Well, Blabber Mouse's friends think they have found the perfect answer.	Kelley, True	Friendship / Social Skills	Children
Bobbie Dazzler	Inspire children to keep trying until they accomplish their goals	Wild, Margaret	Friendship / Social Skills	Children
Book of Friends, A	Great illustrations and marvelous text show children that friends come in all different shapes, sizes and colors. Friends can be found most everywhere: at school, at home, and, of course, most assuredly in oneself.	Ross, Dave	Friendship / Social Skills	Children
Chrysanthemum	Chrysanthemum thinks her name is absolutely perfect. That is, until the first day of school. When her new friends at school make "flower jokes" at her expense, Chrysanthemum wilts. And nothing gets any better - until the students meet their new music teacher.	Henkes, Kevin	Friendship / Social Skills	Children
Cinderella (Teddy Tales)	Cinderella is left at home in her rags, while her ugly sisters go off to the Prince's ball. But with a wave of her magic wand, Cinderella's fairy godmother makes all her dreams come true. This little teddy	Beck, Ian	Friendship / Social Skills	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Do You Want to Play?	A large, zany cast of characters reflects the experience youngsters have, and the abilities they need, in the ups and downs of getting along. Sharing, helping, taking turns, fighting, and apologizing are all covered.	Kolar, Bob	Friendship / Social Skills	Children
Don't Laugh at Me	For anyone who's ever been bullied--or been a bully themselves--it's time to change your tune. This is not a book for whiners, but a new language that will give you the words you need to take charge and stop the cycle of teasing. Filled with inspiration and celebration.	enemySeskin & Shamblin	Friendship / Social Skills	Children
Dream Big Little Pig	An inspiring story about perserverance telling children of all ages to dream big!	Yamaguchi, Kristi	Friendship / Social Skills	Children
Enemy Pie	In this funny yet endearing story, one little boy learns an effective recipes for turning your best enemy into your best friend. Accompanied by charming illustrations, <i>Enemy Pie</i> serves up a sweet	Munson, Derek	Friendship / Social Skills	Children
Farmer Duck	An amusing uplifting fable, <i>Farmer Duck</i> isn't your average duck. This duck cooks and cleans, tends the fields, and cares for the other animals on the farm—all because the owner of the farm is too lazy to	Waddell, Martin	Friendship / Social Skills	Children
Franklin Helps Out	While on a nature hike, Franklin becomes a little overzealous about looking after his tiny friend Snail. In the end Snail shows Franklin that he's quite capable of rising to any challenge in his own way.	Bourgeois, Paulette	Friendship / Social Skills	Children
Franklin's Secret Club	Franklin's secret clubhouse is very small, so only his smallest friends, like Rabbit and Snail can join. But when his other friends find out, they are hurt and angry. Can Franklin find a way to bring everyone	Bourgeois, Paulette	Friendship / Social Skills	Children
Friends	Charlie Rooster, Johnny Mouse, and Percy the pig are the best of friends. They do everything together. They ride their bike together, play games together, and even do their chores together. Because that's what good friends do. When night falls, though, and it's time to go to bed, they learn that sometimes friends have to be apart. But	Heine, Helme	Friendship / Social Skills	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Friends!	This book offers a warm introduction to the ups and downs of friendship, with photos of a variety of friends at work and play. It's the perfect book to share with children who are ready to grasp the fundamental concepts of how friends behave with one another. It also teaches the concept that it is all right to not choose someone to be a friend.	Scott, Elaine	Friendship / Social Skills	Children
Giving Tree, The	This moving parable of friendship, generosity and love will appeal to all ages. Every day the boy would come to the tree to eat her apples, swing from her branches, or slide down her trunk... and the tree was happy. But as the boy grew older he began to want more from the tree and the tree gave and gave and gave...	Silverstein, Shel	Friendship / Social Skills	Children
Hating Book, The	A little girl stops speaking to her friend without telling her why. Her mother tells her to go to her friend's house and ask her what the	Zolotow, Charlotte	Friendship / Social Skills	Children
Hooway For Wodney Wat (2 copies)	When Camilla Capybara joins Wodney's class and announces that she is bigger, meaner, and smarter than all the other rodents, everyone is afraid especially Wodney. Read along with Wodney as he surprises himself and his classmates by single-handedly saving the whole class from the big bad bully r s or no r s.	Lester, Helen	Friendship / Social Skills	Children
Horace and Morris but Mostly Dolores (2 copies)	Horace, Morris, and Dolores are the best of friends. Until the day that Horace and Morris discover a "boys only" club. All alone, Dolores finds a "girls only" club and decides to give it a try. But all	Howe, James	Friendship / Social Skills	Children
Ira Sleeps Over	Ira is thrilled to spend the night at Reggie's, until his sister raises the question of whether he should take his teddy bear.	Waber, Bernard	Friendship / Social Skills	Children
Jessica	"There is no Jessica," said Ruthie's parents. But of course there was. She ate with Ruthie, played with Ruthie, and was sorry when Ruthie was bad. Nobody could see Jessica - except Ruthie. When it came time for Ruthie to go to school, Jessica went with her. Her parents hoped Ruthie would find a friend at school who would replace Jessica. They were in for a (happy) surprise!	Henkes, Kevin	Friendship / Social Skills	Children
King of the Playground	Kevin loves to go to the playground, but not when Sammy is there. And Sammy, who boasts that he is King of the Playground, is there most of the time. And then one day Kevin gets his courage up and goes to the playground even though Sammy says he can't come.	Naylor, Phyllis Reynolds	Friendship / Social Skills	Children
Let's Talk About Playing With Others	Here is a look at being considerate when playing with other children. The author shows kids how to be kind, play by the rules, and be careful not to play too rough - that is if they really want to have	Berry, Joy	Friendship / Social Skills	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Little Red Hen and The Ear of Wheat, The	One day, a little red hen finds a grain of wheat lying on the ground. But when she asks her companions (a rooster and a mouse) for help planting it, they both refuse. They also refuse to help her when it's time to water the wheat, and then harvest it and take it to the miller.	Finch, Mary	Friendship / Social Skills	Children
Mim, Gym, and June	Two very different cats find out how they can work together. Though this tale resolves a school bully problem in a simplistic manner, it shows children that harmony can be accomplished through cooperation and teamwork.	Roche, Denis	Friendship / Social Skills	Children
My Best Friend is Mel	A delightful story of a Hippo who learns to depend on himself to face a variety of life's challenges. When children hear this story they will begin to understand how being responsible for one's feelings and	Marcozzi, Beth Ann	Friendship / Social Skills	Children
My Friends and Me	This delightful picture book explores all aspects of friendship. It explains what it means to be a friend and how to make friendships.	Thomas, Pat	Friendship / Social Skills	Children
Never Give Up (2 copies)	Learning about Perverserance	Burch, Regina	Friendship / Social Skills	Children
Rainbow of Friends, A.	With simple, rhyming verses, children are gently urged to treat everyone with kindness and care. This is a wonderful story about how friends are special and valuable, regardless of their differences.	Hallinan, P.K.	Friendship / Social Skills	Children
Recess Queen, The (3 copies)	This is a story about mean behavior at recess time that bosses other kids around until a new girl starts school and shows her how to be a	O'Neill, Alexis	Friendship / Social Skills	Children
Sharing is Caring (2 copies)	This book is focused on teaching generosity.	Burch, Regina	Friendship / Social Skills	Children
Sometimes I Feel Like I Don't Have Any Friends	In this book, Mark finds that his inability to make friends has made him isolated and lonely. It is not so much that he doesn't have the desire to make friends, but rather he doesn't have the skills. Wit	Zimmerman, Tracy & Shapiro, Lawrence	Friendship / Social Skills	Children
Telling the Truth	Learning about honesty, integrity and trustworthiness	Burch, Regina	Friendship / Social Skills	Children
This Is Our House	No one can come into George's house. Not Lindy, because it "isn't for small people," and Sophie can't because "this house isn't for people	Rosen, Michael	Friendship / Social Skills	Children
Wilfrid Gordon McDonald Partridge	A small boy tries to discover the meaning of "memory" so he can restore that of an elderly friend. This is a touching story about a friendship that spans generations.	Fox, Mem	Friendship / Social Skills	Children
Working Together	Learning about cooperation and citizenship	Burch, Regina	Friendship / Social Skills	Children
Would It Be Right?	Character Education Learning about good judgement	Burch, Regina	Friendship / Social Skills	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
150 Ways to Help Your Child Succeed	A book full of ideas for counselors and parents, it offers 150 ideas for incorporating success lessons into everyday life. You will find it filled with tips for quick and challenging ways to teach about empathy and compassion, self-esteem, flexibility, good manners, respect, cooperation and much more.	Ireland, Karin	General Parenting / Discipline	Parent
365 TV-Free Activities	A book designed for parents who want to pry their kids from the TV. Using ordinary household materials or no materials at all, this book offers a wealth of things to do and fun ways to do them. These activities are fun and uncomplicated.	Bennet, Steve & Ruth	General Parenting / Discipline	Parent
A to Z Guide to Your Child's Behavior	An easy reference to over 200 of the most common behavioral and developmental stages children experience from birth to age 12. Parents will learn to recognize the difference between normal	Children's National Medical Center	General Parenting / Discipline	Parent
ABC'S of parent involvement in Education, The		Connecticut's Parenting Resource	General Parenting / Discipline	Parent
Ain't Misbehavin'	No more whining, defiance, arguments, tantrums, sibling rivalry, procrastination, carelessness, sloppiness, avoiding chores, and late nights worrying! Dr. Garvey shows parents how to have a less combative, more harmonious parent-child relationship.	Garvey, William	General Parenting / Discipline	Parent
Books To Grow With	A guide to using the best children's fiction for everyday issues and tough challenges.	Coon, Cheryl	General Parenting / Discipline	Parent
Discipline: A Sourcebook of 50 Failsafe Techniques...	This sensible guide is the first book to offer parents a complete inventory of effective discipline skills and techniques. Whether your goal is to resolve problems or prevent them in the first place,	Windell, James	General Parenting / Discipline	Parent
Everybody Wins! 150 Non-Competitive Games For Kids	Even the best behaved kids argue, squabble, and fight when they're together, whether they're siblings, playmates, or best friends. What's it all about? COMPETITION! Everyone wants to win, even at kids games, and nobody wants to lose! So how can you get some peace and quiet during play time? With games and activities that don't have winners or losers, that teach kids how to play together cooperatively.	MacGregor, Cynthia	General Parenting / Discipline	Parent

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Facing the Schoolyard Bully	Expanding on personal and others' memories of schoolyard bullying, this book thoroughly examines the dynamics of bullying. In a friendly, parent-to-parent style offering helpful suggestions on how to recognize bullying, stop the cycle of bullying, prevent your child from becoming either a bully or a victim and how to teach a child coping	Zarzour, Kim	General Parenting / Discipline	Parent
Getting Unplugged	Offers ways to cut down on the quantity of attention to the unblinking eye of the small screen - whether television or computer. An increased propensity for violence, poor social skills, behavioral problems, apathy, and declining test scores are all symptoms of the problem	Anderson, J & Wilkins, R.	General Parenting / Discipline	Parent
Good Kid Book, The	<i>The Good Kid Book</i> is an expansion of Howard Sloane's widely used set of five behavior guides. Each of the sixteen chapters is a self-contained behavior guide with detailed, step-by-step procedures for helping kids overcome a specific behavior problem. Many sample checklists and record keeping forms help ensure success when using the techniques outlined in the manual. <i>The Good Kid Book</i> is one of	Sloane, Howard	General Parenting / Discipline	Parent
Guide to Your Child's Nutrition	Gives all the information and strategies needed to meet the dietary needs of children from birth through adolescence, as well as the facts about standards of weight and height, eating disorders, etc.	American Academy of Pediatrics	General Parenting / Discipline	Parent
Have Fun with Your Kids the Lazy Way	This helpful book makes it simple to find more time for the family with tips on how to save time doing routine chores, purchase supplies for on-the-spot activities, plan simple but intriguing outings, and incorporate play into daily activities. A fun book with tons of helpful	LeBon, Marilee	General Parenting / Discipline	Parent
Hidden Messages	The author shares stories drawn from hundreds of parents. These stories demonstrate how parents unknowingly send their kids negative messages. After each story, she provides a gentle lesson by showing the child's perspective on the same scenario. And then offers suggestions for specific changes parents can make to improve	Pantley, Elizabeth	General Parenting / Discipline	Parent
How to Help Your Child with	This book is written by teachers and it's packed with proven	Kudencich,	General Parenting /	Parent
How to Keep Your Kids from Driving	techniques, step-by-step strategies, and expert advice. Clean	Maneuverite & Shaw	General Parenting /	Parent
How to Talk So Kids Can Learn at	through simple analogies that clarify what to say and how to say it,	Bender, Paula Stone	General Parenting /	Parent
How to Talk So Kids Will Listen &	In this 20th Anniversary Edition, these award-winning experts share	Label, Adele &	General Parenting /	Parent
How to Talk So Kids Will Talk About	their most important and sometimes hard-to-use feelings	Mazlish, Elaine &	General Parenting /	Parent
Really Important Things	A question-and-answer format accompanied by short vignettes	Mandel, Eric &	General Parenting /	Parent
I Refuse To Raise A Brat	Illustrated to help to communicate with children on a level that distinguishes between overparentification and love. It shows how to break the	DiCarosimo, J Henner, Marilu	General Parenting / Discipline	Parent

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Kid Cooperation	This concise and straightforward book is filled with applied skills that teach children to cooperate, end sibling fights, boost self-esteem, and help parents handle discipline and anger.	Pantley, Elizabeth	General Parenting / Discipline	Parent
Let's Talk About Being Lazy	Learning about the meaning of being lazy	Berry, Joy	General Parenting / Discipline	Children
Love and Limits	This book talks about kids' development, describes basic temperament traits, stresses the importance of dealing with feelings, shows how to reduce power struggles, and suggests more resources for committed parents. It provides parents with plenty of	Crary, Elizabeth	General Parenting / Discipline	Parent
Map of the Child, A.; A Pediatrician's Tour of the Body	In this compelling book, Dr. Darshak Sanghavi takes the reader on a dramatic tour of a child's eight vital organs, beginning with the lungs and proceeding through the heart, blood, bones, brain, skin, gonads, and gut. Along the way, we meet children and families in	Sanghavi, Darshak	General Parenting / Discipline	Parent
Normal Children Have Problems Too	This book shows that even the most "normal" of kids can have emotional and behavioral problems. Lack of friends, poor self-image, sibling rivalry, hyperactivity, sadness and fearfulness, eating problems, nervous habits, aggressive behavior, defiance, sleep	Turecki, Stanley	General Parenting / Discipline	Parent
Parents, Kids and Character	A timely collection of strategies to help parents enhance the good character of their children. It presents simple, but important, ideas for establishing clear expectations of behavior and for developing a strong moral center in a family.	LeGette, Helen	General Parenting / Discipline	Parent
Positive Discipline For Your Stepfamily	Living in a stepfamily is challenging. This book will help parents discover how to resolve responsibility and role issues, blend rules and traditions, and build effective communication between all family	Nelsen, Erwin & Glenn	General Parenting / Discipline	Parent
Positive Parenting from A to Z	Whatever the circumstance - cheating, bedwetting, napping, stuttering, picky eating, teeth grinding - here are clear, quick and practical solutions that work for some of the toughest dilemmas of	Joslin, Karen Renshaw	General Parenting / Discipline	Parent

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Raising Winners	Whether a child is a casual joiner or a serious athlete, the playing field is a terrific place to learn confidence, sportsmanship, and other needed skills. This comprehensive guide from a sports psychologist distills decades of sports research and the author's own experience.	Kuchenbecker, Shari Young	General Parenting / Discipline	Parent
Setting Limits	This book shows parents how to enforce clear and firm boundaries. It shows how to put an end to conflicts and power struggles, establish rules that encourage cooperation, teach important problem-	Mackenzie, Robert	General Parenting / Discipline	Parent
Simple Secrets of Parenting	This book distills the hard-learned art of parenting in 26 concise principles; one for each letter of the alphabet. From "Accept Your Child" to "Zero in on Your Own Family," this "compact counselor" is packed with useful, practical advice you can use right away!	Baucom, John	General Parenting / Discipline	Parent
Spoiling Childhood	The author shows the absurdities, heartbreaks, and possibilities of contemporary child rearing. She shows that parents tend to be chronically pressed for time, yet always anxious to help their children succeed; mindful of their children's autonomy, yet fearful of	Ehrensaft, Diane	General Parenting / Discipline	Parent
Stealing: Strategies for Parents & Teachers		Reitman, David	General Parenting / Discipline	Parent
Survival Tips for Working Moms	This book provides hundreds of real solutions that real working moms use every day. From packing school lunches to supervising homework, from getting the kids to do chores to finding after school care. This	Goodman-Pillsbury, Linda	General Parenting / Discipline	Parent
Time-In: When Time-Out Doesn't Work	A book about powerful ways adults can connect and build trust with children. It uses four "puzzle pieces" - Ask, Act, Attend, Amend, to	Clarke, Jean	General Parenting / Discipline	Parent
Tired of Nagging? 30 Days to Positive Parenting	Offers 30 tools for solving everyday problems. Written by a 25-year parent-child educator, this nerve-saving source for parents	Stowe, Virginia	General Parenting / Discipline	Parent

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
What to Say or Do...From Diapers to Diploma	Designed for quick reference, each page of this handbook has helpful, practical suggestions for families with children ages 2 to 18. Solutions are provided for more than 40 different challenges parents may be facing. The book is divided into five sections based on age - ages 2-4, ages 5 to 7, ages 8 to 10, ages 11-14, and ages 15	Hazeldon/Johnson Institute	General Parenting / Discipline	Parent
Win the Whining War and Other Skirmishes	The effective techniques contained in this guide will help anyone who spends time with children ages 2-12 to increase cooperation and reduce conflict. All the annoying behavior that drives you crazy - tantrums, bad language, spitting, name calling, sulking, biting - can be eliminated by this program.	Whitham, Cynthia	General Parenting / Discipline	Parent
Your Child: Emotional, Behavioral and Cognitive Devel.	Your Child" takes you step-by-step through the developmental milestones of childhood, discussing specific questions and concerns and examining more troublesome problems.	American Academy of Child & Adol. Psychiatry	General Parenting / Discipline	Parent
Gentle Willow	Amanda is upset that she is going to lose her friend Gentle Willow. She comes to understand that her memories are gifts, and there are special ways of saying goodbye. This comforting story will help all children deal with the death of friends, family members, or even	Mills, Joyce	Loss / Grief	Children
Liplap's Wish	This is a wonderful book to read to a child after having lost any loved one, particularly a grandparent. A very sweet, gentle tale that will help bring solace and understanding to a child.	London, Jonathan & Long, Sylvia	Loss / Grief	Children
New Beginnings	This book is a warm, sensitive, story about Ana and her Dad dealing with the loss of her mother.	Monaghan, Tracy	Loss / Grief	Children
Sammy's Mommy Has Cancer	This book is a warm, sensitive, straightforward story that will help young children understand and accept the changes in their lives when a parent is diagnosed with a life-threatening illness. Parents will	Kohlenberg, Sherry	Loss / Grief	Children
Talking with Young Children About Death		Rogers, Fred	Loss / Grief	Parent

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Tenth Good Thing About Barney, The	A young boy tries to think of ten good things about his cat Barney, who died. But he could only think of nine. Later, while talking with his father, he comes up with the tenth, " <i>Barney is in the ground and he's helping grow flowers.</i> "	Viorst, Judith	Loss / Grief	Children
When Dinosaurs Die	Offering advice and reassurance, these popular dinosaurs provide answers to questions about death, explore feelings with youngsters, and suggest ways to remember someone. This indispensable book is a <u>comforting aid to help all children through a difficult time in their</u> Addressing the needs of children and the adults who care for them.	Brown, Laurie Krasny	Loss / Grief	Children
When your grandparent Dies	Losing a grandparent is often a child's first experience with grief. The ordeal can be as bewildering as it is painful. Explaining what	Ryan, Victoria	Loss / Grief	Children
Berenstain Bears and The Truth, The (2 copies)	Brother and Sister Bear learn how important it is to tell the truth. After they accidentally break Mama Bear's favorite lamp, the two cubs learn that the lamp is not nearly as important to their mother as it is for them to learn to tell the truth.	Berenstain, Stan & Jan	Lying / Honesty	Children
True Story of the Three Little Pigs, The	The wolf gives his own version of what really happened when he tangled with the three little pigs. Here is a whole new twist, which will delight, and teach your children about honesty.	Scieszka, Jon	Lying / Honesty	Children
Berenstain Bears and the Bad Habit, The	With help from Mama and Papa (who get a little advice from Grizzly Gran), Sister Bear learns to stop her nervous nail biting before it turns into a bad habit.	Berenstain, Stan & Jan	Manners	Children
Berenstain Bears and the Big Blooper, The	Sister Bear is over at Lizzy Bruin's house watching a video. Sister goes home and tries out a certain work she hears on the video. Mama Bear explains that it's not the kind of word that adults, and certainly not cubs, should use at any time.	Berenstain, Stan & Jan	Manners	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Berenstain Bears Forget Their Manners, The	"When Mama Bear's efforts to improve her family's manners are unsuccessful, she devises a Politeness Plan--a chart listing a chore as a penalty for each act of rudeness. Basic etiquette is presented in a practical way.	Berenstain, Stan & Jan	Manners	Children
Franklin Forgets	Franklin feels grown up when his neighbor leaves him in charge for a few days. He is supposed to collect the mail, fill the birdbath, and water the flower garden. But, Franklin gets busy flying kites and playing ball with his friends and can't always remember what his neighbor asked him to do.	Bourgeois, Paulette & Clark, Brenda	Manners	Children
I Don't Care!	A great introduction on how to respect parents, teachers, and friends. It shows students how it feels when someone, who doesn't show respect, makes fun of them. Or, teases them. The book goes further in showing how others' property should be respected. their	Moses, Brian	Manners	Children
I Want It	Megan and Amy want to play with the same truck What will happen? Helps preschool and elementary school-aged children begin to learn problem-solving skills.	Crary, Elizabeth	Manners	Children
It's Mine!	Three selfish frogs live together on an island in the middle of Rainbow Pond. All day long they bicker: It's mine! It's mine! But a bad storm and a big brown toad help them realize that sharing is much	Lionni, Leo	Manners	Children
Let's Talk About Being Bossy	Learning about the meaning of being bossy	Berry, Joy	Manners	Children
Let's Talk About Being Destructive		Berry, Joy	Manners	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Let's Talk About Being Messy		Berry, Joy	Manners	Children
Let's Talk About Being Rude		Berry, Joy	Manners	Children
Let's Talk About Breaking Promises		Berry, Joy	Manners	Children
Let's Talk About Gossiping		Berry, Joy	Manners	Children
Let's Talk About Lying	Learning about the meaning of lying, the difference of fantasy stories, making a mistake, being silent, and making it right.	Berry, Joy	Manners	Children
Let's Talk About Whining		Berry, Joy	Manners	Children
Love Your Neighbor	An engaging collection of original animal fables. With important themes such as tolerance, prejudice, love, and freedom, these stories feature a menagerie of animal characters from egotistical elk to selfless squirrels. Each fable ends with a question, rather than a	Dobrin, Arthur	Manners	Children
Manners at School		Finn, Carrie	Manners	Children
Manners at the Table		Finn, Carrie	Manners	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Manners in Public		Finn, Carrie	Manners	Children
Manners in the Library		Finn, Carrie	Manners	Children
Manners Matter		Pincus, Debbie	Manners	Children
Manners on the Playground		Finn, Carrie	Manners	Children
Manners on the Telephone	Over 40 creative and unique reproducible activities develop social skills at school and home. Greeting guests, gossip, making conversation, building blocks to good manners, telephone etiquette, and party etiquette are just a few of the many structured activities.	Finn, Carrie	Manners	Children
Me First!	Being first isn't always best, as Pinkerton Pig finds out after an encounter with a mean Sand Witch. As always, Helen Lester's wonderfully offbeat humor and Lynn Munsinger's whimsical	Lester, Helen	Manners	Children
Alexander, Who's Not (Do you hear me? I mean it!) Going to Move	Who cares if his father has a new job a thousand miles away? Why should Alexander have to move away from everyone: his best friend Paul; babysitter Rachel; the Baldwins' dog, Swoozie; and Seymour the Cleaners? Alexander refuses to move if it means having to leave his favorite friends and all his special places.	Viorst, Judith	Moving	Children
I'm Not Moving Mama!	"I'm Not Moving, Mama!" is Little Mouse's constant refrain, as Mama packs up his favorite things in preparation for the family's move. But for each thing about his old home Little Mouse can't bear to leave behind. Mama tells him of something they'll share in their	White Carlstrom, Nancy	Moving	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Berenstain Bears Learn about Strangers, The	When Papa Bear tells the cubs why they should never talk to strangers, Sister begins to view all strangers as evil until Mama brings some common sense to the problem. "The Bears' rules for safe conduct among strangers are listed on the last pages, including a rule about the privacy of a bear's body. A good book to start	Berenstain, Stan & Jan	Safety / Strangers	Children
My Body is Private	Julie, who is eight or nine, talks about privacy and about saying "no" to touching that makes her uncomfortable	Girard, Linda Walvoord	Safety / Strangers	Children
Arthur's Teacher Trouble	Third-grader Arthur, an aardvark, is amazed when he is chosen to be in the school spellathon by Mr. Ratburn, his strict teacher. Arthur takes the challenge seriously and studies hard at home and at school. This story is a real-life lesson about those teachers who expect (and	Brown, Marc	School	Children
Berenstain Bears' Trouble at School, The	When Brother Bear returns to school after being out sick, he gets into a mess that just gets worse. One problem leads to another. That is, until Gramps gives him some good advice.	Berenstain, Stan & Jan	School	Children
Beyond the Bus Stop	A compilation of 180 sure-fire ways parents can help children triumph in school - one for each day of the school year. These are practical suggestions that every parent can put into immediate practice.	Weyhmuller, Robert	School	Parent
David Goes to School	David's teacher has her hands full. From running in the halls to chewing gum in class, David's high-energy antics fill each school day with trouble. His behavior is sure to bring smiles, and make kids	Shannon, David	School	Children
First Day Jitters	Everyone knows that sinking feeling in the pit of the stomach just before diving into a new situation. Sarah Jane Hartwell is scared and	Danneberg, Julie	School	Children
Franklin Goes to School	On the first day of school, Franklin is a little nervous. But his teacher, Mr. Owl knows just what to do - and Franklin has a wonderful day.	Bourgeois, Paulette	School	Children
School-Savvy Parent, The	Straight from the source - teachers themselves - these positive, practical tips make parents a savvy supporter of their child's education. The tips are clear, concise, and quick. You can jump in anywhere to learn something useful. You'll find tips on starting the school year, health and safety, latchkey issues, talking with	Clark, R., Hawkins, D., & Vachon, B.	School	Parent

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
What to Do...When Your Child Has Trouble at School	Tells why starting a new grade is so hard, how a child's home life affects his life at school, the most common learning disabilities, what rules and routines at home most help kids at school, how to	Levine, Karen	School	Parent
Will I Have A Friend?	Jim's anxieties about his first day of school are happily forgotten when he makes a new friend.	Cohen, Miriam	School	Children
Berenstain Bears Get the Gimmies, The (2 copies)	Brother and Sister Bear want everything in sight, and they throw tantrums when they don't get what they want. Wisely Mama and Papa deal with this childhood malady by teaching the cubs about the	Berenstain, Stan & Jan	Self Control / Rules	Children
Berenstain Bears and The Messy Room, The	The room shared by Brother and Sister is a mess because the cubs argue over who should neaten up instead of working together. Sure to make toddlers smile while they absorb an implied lesson	Berenstain, Stan & Jan	Self Control / Rules	Children
Berenstain Bears and The Trouble with Chores, The	Papa Bear and the cubs are having some trouble with chores—they don't want to do them! When they decide to take a break from cleaning, Mama Bear plays along. But what will happen when the mess	Berenstain, Stan & Jan	Self Control / Rules	Children
Character under Attack & what you can do about it	In a nation that has drifted far from its core moral system, Carl Sommer's hard-hitting expose' reveals the underlying causes and offers common-sense solutions for improving America's education	Sommer, Carl	Self Control / Rules	Parent
David Gets in Trouble	"When David gets in trouble, he always got a good excuse. And no matter what he's done "wrong," it's never really his fault. Soon, though, David realizes that making excuses makes him feel bad, and children learn different ways to handle stress and angry feelings,	Shannon, David	Self Control / Rules	Children
Every Time I Blow My Top I Lose My Head!	and experience the relief that comes with learning to relax. Includes a parent's guide to reducing stress in the home	Slap-Shelton, Laura & Shapiro,	Self Control / Rules	Children
Finders Keepers For Franklin	Franklin finds a camera in the park, and Beaver tells him to keep it. After using up all the film, Franklin has a change of heart and decides to find its rightful owner	Bourgeois, Paulette & Clark, Brenda	Self Control / Rules	Children
Following the Rules (2 copies)	Learning about Respect	Burch, Regina	Self Control / Rules	Children
Giggle E. Goose	Giggle E. Goose doesn't know when to be quiet. She giggles in class, she giggles in the library, and she even giggles and talks during movies. Children along with Giggle E. Goose will learn that there is a	Newman, Al	Self Control / Rules	Children
I'm Always In Trouble	Derek spends a lot of time in the principal's office for fighting. He just can't seem to control his anger - and walk away from trouble. Then, he learns a few techniques that help: to take deep breaths and	Cummings, Carol	Self Control / Rules	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Lilly's Purple Plastic Purse (3 copies)	The irrepressible Lilly, a mouse, loves everything about school, especially her teacher. But, learning discipline, self-control, consideration for others, and, eventually forgiveness, comes a little	Henkes, Kevin	Self Control / Rules	Children
My Mouth is a Volcano (2 copies)	All of Louis thoughts are very important to him. In fact, his thoughts are so important to him that when he has something to say, his words begin to wiggle, and then they do the jiggle, then his tongue pushes	Cook, Julia	Self Control / Rules	Children
Sit Still!	At school, at home, on the bus, or in a restaurant - no matter how hard he tries, Patrick can't sit still. The lively, cheerful illustrations provide warm reassurance in this inspirational story that speaks to	Carlson, Nancy	Self Control / Rules	Children
Sniffles	A delightful tale of a young ostrich who exaggerates her adventures to a point of total disbelief. Lessons are learned when a wild adventure comes true and no one believes her.	Cosgrove, Stephen	Self Control / Rules	Children
We Share Everything!	When Jeremiah and Amanda fight over toys, their teacher tells them "In kindergarten, we share everything." So they do. Soon	Munsch, Robert	Self Control / Rules	Children
Whining	talks to children about why they whine and encourages them to find better ways to get their needs met. Joy Berry's pragmatic approach shows children real ways to handle situations like asking for attention instead of whining to get it.	Berry, Joy	Self Control / Rules	Children
You can Count on Me		Burch, Regina	Self Control / Rules	Children
Amelia's Fantastic Flight	A young girl builds her own airplane and flies around the world, "freezing in Finland," "charmed by China," and getting a "kick out of Kenya," - before returning home for dinner.	Bursik, Rose	Self Esteem / Being Yourself	Children
Bein' With You This Way	As they play on the swings, chat over checkers, and daydream under the blue sky, a group of African-American friends discover that even though people may look different from one another, people are all the same.	Nikola-Lisa, W.	Self Esteem / Being Yourself	Children
Big Al	Big Al, a large, ugly fish, longs for friends. But all the other fish flee whenever he approaches them. Then one day in a display of	Clements, Andrew	Self Esteem / Being Yourself	Children
Big Jump, The	Ferdinand was the littlest of all frogs in Frogland. The biggest of all frogs was Bruno, the bullfrog. Now, it came to pass that the frogs of Frogland decided to elect a leader with a Jumping Contest. Ferdinand wanted to win, but Bruno, the biggest of all the frogs knew he would	Voyer, Dorothy May	Self Esteem / Being Yourself	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Confident Child, The	Focusing on children ages 5 to 15 - the crucial decade - this book, through a technique called "emotional coaching," shows parents how to raise a child to solve problems, be socially active and understand others, to express feelings appropriately, and to manage emotions - crucial skills in developing confidence.	Apter, Terri	Self Esteem / Being Yourself	Parent
I Like Me!	A story about a pig who learns to be her own best friend. She knows how to take care of herself and how to have fun - even when she's all alone. And, when she makes mistakes, she has the confidence to try again!	Carlson, Nancy	Self Esteem / Being Yourself	Children
Lovables, The		Loomans, Diane	Self Esteem / Being Yourself	Children
Nobody Likes Me!	Buddy is the new dog on the block. He is bored and lonely, and longs to make friends. A kindly fox offers Buddy some sensible advice. He helps Buddy see that while making friends can be daunting, perseverance, and the courage to make that first scary step pay off in the end. Children will empathize with shy Buddy and learn how to	Krischanitz, Raoul	Self Esteem / Being Yourself	Children
Odd Velvet (2 copies)	Velvet is odd. Instead of dolls that talk and cry, Velvet brings a milkweed pod for show and tell. She wins the class art contest using only an eight-pack of crayons. She likes to collect rocks. Even her name is strange-Velvet! But as the school year unfolds, the things	Whitcomb, Mary	Self Esteem / Being Yourself	Children
Oscar's Spots	A young leopard, Oscar, who is unhappy with his appearance, learns to like the way he looks. A funny fable with the message - being yourself is the best thing you can be!	Robertson, Jane	Self Esteem / Being Yourself	Children
Paper Bag Princess, The (2 copies)	Elizabeth was a beautiful princess. She intended to marry a prince named Ronald. Unfortunately, a dragon smashed her castle, burned all her clothes, and carried off Prince Ronald. She then rescues the	Munsch, Robert	Self Esteem / Being Yourself	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Self-Esteem Games	Self-esteem games show children how wonderful it can be to be themselves - emotionally, socially, physically, and intellectually. Developed by the author over the course of 30 years as a parent, teacher, and play-therapy specialist, this collection of 300 self-esteem-building ideas requires no special preparation or equipment.	Sher, Barbara	Self Esteem / Being Yourself	Parent
Sometimes I Don't Like To Talk	This engaging story is about Emmy, who is "quiet as a mouse" in school. In fact, the other children call her "little mouse", a name	Lamb-Shapiro, Jessica	Self Esteem / Being Yourself	Children
Sometimes I Drive My Mom Crazy, But I Know She's Crazy About Me	This book is a heartwarming and amusing story of a boy who has developed a sense of self-worth by learning to deal with his problems through the help of the adults who care for and about him. It features behavior programs, educational management, medication information and more.	Shapiro, Lawrence	Self Esteem / Being Yourself	Children
Stand Tall Molly Lou Melon	Molly Lou Melon is a short, awkward, little girl with buckteeth and several other traits that make her a little different. She believes in herself and is able to make friends after a move to another city,	Lovell, Patty	Self Esteem / Being Yourself	Children
Tacky the Penguin	Tacky the penguin is an odd bird. His companions are aptly named Goodly, Lovely, Angel, Neatly, and Perfect. Tacky feels badly because he does not fit in with his sleek companions.	Lester, Helen	Self Esteem / Being Yourself	Children
We're Different, We're the Same	Jim Henson's Sesame Street Muppets use illustrations and rhyming text to show that although all people may look different, we're really all the same.	Kates, Bobbi Jane	Self Esteem / Being Yourself	Children
Why Am I Different?	Some people can't eat chocolate, and some are good at whistling. Some people are tall, some are short. People want different things for their birthdays. If we were all the same, it would be like seeing everything in gray - boring! Being different makes the world a	Simon, Norma	Self Esteem / Being Yourself	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Think Before You Act	Learning about self-discipline and self-control	Burch, Regina	Self-Control / Rules	Children
A Frog Thing (with CD)	Follow along as Frank jumps and runs and leaps and dives until he finally finds his place in the pond. Has companion CD.	Drachman, Eric	Self-Esteem / Being Yourself	Children
Bear's New Glasses	Perfect for kids who are worried about glasses, braces, a loose tooth, or any similar childhood problem, this book teaches kids that there's nothing wrong with wearing glasses.	White, Marsha	Self-Esteem / Being Yourself	Children
Imogene's Antlers	A dryly comic story of a little girl who wakes one morning to discover she has grown antlers. The problem appears to be solved when Imogene awakes the next morning antler-free. But the family (and	Small, David	Self-Esteem / Being Yourself	Children
Little Pig Is Capable	Little Pig's parents are big worrywarts. When Little Pig's Snout Scout troop goes on a hiking trip, he shows that he is clever, resourceful, and capable, all on his own.	Roche, Denis	Self-Esteem / Being Yourself	Children
My Name is Not Isabella	Join Isabella on an adventure of discovery-and find out how imagining to be these extraordinary women teaches her the importance of being her extraordinary self.	Fosberry, Jennifer	Self-Esteem / Being Yourself	Children
Pirate of Kindergarten, The	Ginny declares herself a pirate, but as a metaphor for confidence and competence, her patch effectively declares her to be captain of her own ship.	Ella Lyon, George	Self-Esteem / Being Yourself	Children
101 Activities for Siblings who Squabble	A creative handbook, full of games kids can play together, plus peacekeeping tips that can turn sibling rivalry into sibling revelry. Each activity has a "Different Ages, Different Stages" section to help parents and kids adapt the rules.	Aber, Linda Williams	Siblings / Only Children	Parent

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Berenstain Bears Get in a Fight, The	The usually compatible Brother and Sister Bear are fighting--all day long! Mama Bear helps them realize that everyone argues once in a while, even with loved ones.	Berenstain, Stan & Jan	Siblings / Only Children	Children
Beyond Sibling Rivalry	Dr. Goldenthal takes a whole new approach to sibling rivalry that sees children's relationships with each other in the context of the family as a whole.	Goldenthal, Peter	Siblings / Only Children	Parent
Help! The Kids Are at It Again! (2 copies)	This book is a guide for parents in dealing with teaching your children people skill that are essential when getting along within your families and in the outside world.	Crary, Elizabeth	Siblings / Only Children	Parent
Here I am, an Only Child	Being an only child can be a little lonely sometimes, but there are wonderful advantages	Shyer, Marlene Fanta	Siblings / Only Children	Children
How to End the Sibling Wars (with cassette)		Bieniek, Denise	Siblings / Only Children	Parent
I Wanna New Room	The child vs. parent points of view and the sibling rivalry all ring hilariously true. A surefire kid-pleaser with a subtle, sweet lesson in peaceful coexistence. A companion book to "I Wanna Iguana "	Kaufman Orloff, Karen	Siblings / Only Children	Children
Jamaica Tag-Along	Jamaica doesn't want a younger child to play with her, until she remembers how she felt when her older brother excluded her from	Havill, Juanita	Siblings / Only Children	Children
Me Too!	It seems as if Little Critter's responsibilities as a big brother will never end. Then comes the day when his little sister learns to share. Little Critter sees a ray of hope. Maybe his little sister is growing up!	Mayer, Mercer	Siblings / Only Children	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Siblings Without Rivalry	Written with humor, compassion and understanding, and illustrated with delightful cartoons, this book challenges the idea that constant, unpleasant conflict is natural and unavoidable. Using action-oriented anecdotes and stories, the author shows the many ways parents can	Faber, Adele & Mazlish, Elaine	Siblings / Only Children	Parent
What about Me?	When a child is seriously ill, siblings experience mixed emotions and hurt feelings, and wonder about the future. In this heartwarming story, the narrator, a confused young girl, expresses all of these concerns when her brother goes to the hospital for an extended stay.	Peterkin, Allan	Siblings / Only Children	Children
Will There Be a Lap for Me?	Kyle misses time on his mother's lap while she is pregnant and is happy when the birth of his baby brother makes her lap available again.	Corey, Dorothy	Siblings / Only Children	Children
You and Your Only Child	For the nearly 14 million one-child households in the U.S., this invaluable guide takes an in-depth look at the unique benefits and challenges of raising an only child.	Nachman, P & Thompson, A.	Siblings / Only Children	Parent
Bad Case of Tattle Tongue, A	Josh the Tattler doesn't have any friends. He tattles on his classmates, on his brother, and even on his dog! He tattles so much that he wakes up one night to find that his tongue is yellow, unusually long, and covered in bright purple spots! Will a bad case of Tattle Tongue teach him a lesson?	Cook, Julia	Tattling	Children
Don't Squeal Unless It's a Big Deal (2 copies)	In this highly entertaining story for young children, kids will learn when "squealing" on your fellow classmate is appropriate and when it is merely tattling!	Franz Ranson, Jeanie	Tattling	Children
Tattlin' Madeline	This book creatively teaches the meaning of tattling and why kids don't like a tattletale. It shows the difference between tattling and	Cummings, Carol	Tattling	Children
Tattling		Berry, Joy	Tattling	Children

B.E.A.R.S Lending Library Book List Master

Title	Description	Author	Topic	Type
Telling Isn't Tattling	Thirteen stories portray typical examples of children telling or tattling. There are four general rules given to act as guidelines for tattling...and four general rules for telling. Each of the stories ends	Hammerseng, Kathryn	Tattling	Children
Albert's Old Shoes	Albert is a pig with an identity crisis. He's sick of being teased by the other kids. In his hated old brown shoes, he's the laughing stock of his soccer team.	Muir, Stephen & Mary Jane	Teasing / Name Calling	Children
Arnie and the New Kid	Arnie, a cat, thinks it's funny to harass a new classmate Philip, a dog, because Philip is in a wheelchair. Then Arnie breaks his leg, twists	Carlson, Nancy	Teasing / Name Calling	Children
Berenstain Bears and Too Much Teasing, The (2 copies)	Brother Bear likes to tease his sister, but when he's the one who is being taunted at school, he understands why Sister gets so mad at him.	Berenstain, Stan & Jan	Teasing / Name Calling	Children
Hurt, The	When his best friend Gabriel calls him a name, Justin reacts by going home to his room and nursing his "hurt". As he adds even more hurts	Doleski, Teddi	Teasing / Name Calling	Children
Pig in a Wig, The	Peggoty, a pig who spends many hours admiring herself in the duck pond, is devastated when she is teased by a quartet of lambs. Peggoty takes their insults to heart and seeks beauty tips from her	MacDonald, Alan	Teasing / Name Calling	Children
Sticks and Stones	Sticks and stones may break your bones, but names can drive you crazy. Gwendalyn Toy Morrison-Power has trouble with her long	Dube, Pierrette	Teasing / Name Calling	Children
Thea the Yellow Tomato	All the other tomatoes in school were red. Thea was the only yellow one. The other tomatoes thought she was strange, and they made fun of her. At lunch she had no one to sit with. She goes home from	Brown, Stephanie	Teasing / Name Calling	Children
You'll Grow Soon, Alex	Alex doesn't like being small. It makes him unhappy. "You'll grown soon, Alex," everyone says. But Alex can't wait--he wants to be bigger NOW!	Ayto, Russell & Shavick, Andrea	Teasing / Name Calling	Children